

Corpus Christi

I'm sure you all know I love church music, well a lot of it. I find communal religious singing very uplifting when it is done well. I have many favourite hymns but one I love a lot is "Guide me, O thou great Redeemer". For me it is like an act of faith, especially when I sing "bread of heaven, bread of heaven, feed me till I want no more. Feed me till I want no more".

The first reading today tells us God wants to feed us.

Then, in the second reading, why we are fed.

And then the great section of St John showing us the amazing journey of love from God the Father, through the life of the Lord Jesus so that we are spiritually fed. This feast ties in so amazingly with last week's feast of The Most Holy Trinity.

I am a great foodie. You can probably tell that from my waistline. Coming together around a table with great food is for me a wonderful experience, especially with people I love. The combination is so satisfying.

To be someone who believes that coming around the Eucharistic table to share this bread from heaven and to celebrate this as we do in Dockhead is for me so special. Whether it is a simple celebration or a Mass with all the trimmings, I never get tired of it, although you know I don't like the new missal!!

St John tells us that this is real food. That He is the living bread come down from heaven and this bread is food for eternal life. When we share in these moments,

He, Jesus lives in us and we live in Him.

This is the gift.

This is the mystery.

He is bread from heaven.

That make us say "Feed me till I want no more."

That is why today and everyday we sing songs of praise.

For he is with us forever more.