



Today's psalm speaks to us of God's love and compassion:

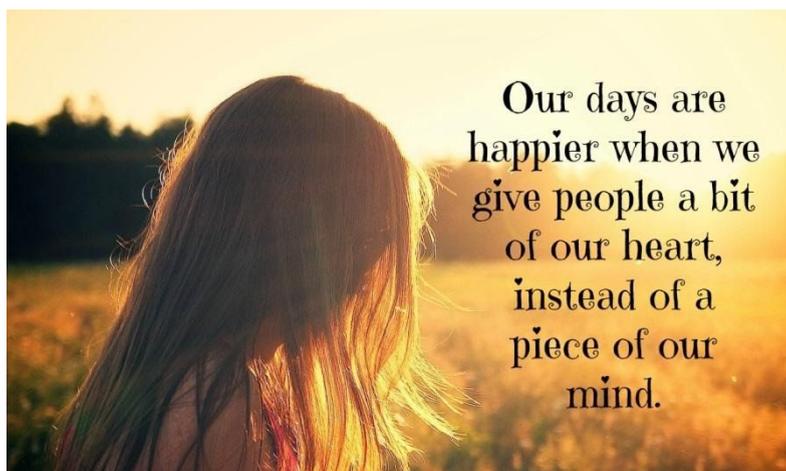
*"The Lord is compassion and love,  
slow to anger and rich in mercy."*

Last week Canon Alan, in his homily, drew our attention to the words of St Paul:

*"Avoid getting into debt, except the debt of mutual love."*

We are blessed at this time in the Church's liturgical year to have God speak to us through the scriptures enfolding us in love and inviting us to share this love, mercy and compassion with others. We are reminded that resentment, anger and hate have no place in our Christian lives.

It is not always easy to live our lives in the way of God. We get hurt, become jealous, get frustrated ..... and, too often, our response is not one of forgiveness or love. Yet God calls us all to turn aside from ways that are not of God, to be merciful and to accept the blessing and gift of mutual love.



Our days are  
happier when we  
give people a bit  
of our heart,  
instead of a  
piece of our  
mind.

